

# HEALING FROM THE INSIDE OUT: TRAUMA, ATTACHMENT, AND INTERNAL FAMILY SYSTEMS

WITH  
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**SEPTEMBER  
22 + 23, 2016**

- identify the basic theory and principles of Internal Family Systems (IFS) therapy
- access your clients' Self: a core of compassion and other leadership qualities
- deal with client "resistance" more effectively and with less effort
- utilize the clients' Self to repair attachment injuries
- recognize the IFS model as an internal attachment model
- identify the parallels between external and internal attachment styles
- identify the effects of trauma on parts and Self
- utilize the model in treating trauma
- gain an awareness of your own parts and how those parts impact therapy
- apply IFS principles to transference and counter-transference

**For Details and Registration, Please Visit:  
[www.MNTraumaProject.org](http://www.MNTraumaProject.org)**



Questions? Email [MNTraumaProject@gmail.com](mailto:MNTraumaProject@gmail.com)

## WHEN

**Thurs, Sept 22nd  
Friday, Sept 23rd  
9:00 am - 5:00 pm**

## WHERE

**Dakota Lodge  
1200 Stassen Ln  
St Paul, MN 55118**

## EARLY BIRD REGISTRATION

**Thru September 1**

**\$275 Professional**

**\$185 Student/Military**

## REGULAR REGISTRATION

**September 2 –22**

**\$300 Professional**

**\$200 Student/Military**

**GROUP RATES  
AVAILABLE, PLEASE  
CONTACT US!**

## 12 CEU's

Available for full  
2-day attendance.

## THIS IS A SPACE LIMITED EVENT

We encourage you to  
register early!

Follow us on social media!

