

"Capt. Paul K. Chappell has given us a crucial look at war and peace from the unique perspective of a soldier, and his new ideas show us why world peace is both necessary and possible in the 21st century. [He] can help people everywhere understand why war must end, and how together we can end it."

—Archbishop Desmond Tutu

PAUL K. CHAPPELL

AUTHOR • EDUCATOR • SOLDIER OF PEACE

A Light in the Darkness:

Recovering Hope in a Traumatized World

7-9 PM, Tuesday November 1st, 2016

Attendance is free, but please RSVP at

www.mntraumaproject.com/paulchappell

As an International peace educator leader who has struggled through extreme childhood trauma, racism, and rage, Paul K. Chappell brings his hopeful message of equity in education, our shared humanity, and the skills of peace literacy to the Minneapolis area from November 1 through November 5, 2016.

Our focus for the evening will be looking at reclaiming a realistic Hope, shifting our language from one driven and determined by trauma and rage to one of peace, compassion, and a sense of shared humanity. We will discuss trauma and rage in a way that will increase our empathy, understanding, purpose, and ability to wage peace and create the possibility for change in our communities, families, and personal lives.

Paul K. Chappell is a West Point graduate, Iraq War veteran, and former army captain who serves as Peace Leadership Director of the Nuclear Age Peace Foundation. Part African-American, part Asian, and part Caucasian, Chappell grew up in a violent household in Alabama with a father who fought in the Korean and Vietnam wars. Chappell's most recent books in his seven book Road to Peace series are The Art of Waging Peace and The Cosmic Ocean.

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The Center for Changing Lives

2400 Park Avenue S.

Minneapolis, MN 55404

