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Healing Trauma in LGBTQ Communities

May 11, 2016

This day-long professional workshop will focus on the need to address trauma in LGBTQ communities. We will shed the umbrella term "LGBTQ" in order to look at specific traumas of the Lesbian, Gay, Bisexual, Transgender, and Queer communities as individual subcultures. Starting with a short overview and refreshment of terminology, the workshop will create a path of understanding and exploring trauma in these communities. Participants will engage in dialogue, experiential work, and collaborative efforts in order to best address and treat trauma with their LGBTQ clients.

OBJECTIVES

- Obtain and refresh information surrounding LGBTQ terminology.
- Explore and understand implications within each specific LGBTQ subculture.
- Learn the varied trauma implications related to each subculture.
- Create culturally specific therapeutic interventions in treating trauma.
- Identify common therapy missteps and how to repair the client relationship.
- Understand the LGBTQ specific intersections of trauma with health, spirituality, mental health and maladaptive coping skills.

SCHEDULE

Wednesday, May 11, 2016
9 AM - 5 PM
8:15-9:00 AM Registration
9:00 AM - 5:00 PM Workshop

LOCATION

Dakota Lodge
1200 Stassen Ln
St Paul, MN 55118

CONTINUING EDUCATION INFORMATION

6 Continuing Education Credits will be provided

Two 15 min. breaks. 1.5 hour lunch on your own.
Coffee, tea, and light refreshments provided throughout the day.

COST

\$30/person

**Register at: www.mntraumaproject.org
or the MN Trauma Project Facebook page**

This workshop's reduced registration cost is due to generous sponsorship of MN Trauma Project by: Beauterre Recovery Institute and The Refuge, a Healing Place.

