

Richard C. Schwartz, Ph.D.

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VITAE

EDUCATION:

1976-1980	Ph.D.	Purdue University, West Lafayette, Indiana <i>Marriage and Family Therapy</i>
1973-1974	M.S.	Northern Illinois University, DeKalb, Illinois <i>Community Mental Health</i> (Interdisciplinary Program-Psychology, Sociology, Counselor Education, and Family Therapy)
1967-1971	B.A.	Knox College, Galesburg, Illinois/ <i>Psychology</i>

LICENSES:

1994-present	M.F.T. Illinois #166-000259
2014-present	M.F.T. Massachusetts #000001479

PROFESSIONAL MEMBERSHIPS:

American Family Therapy Academy
American Association for Marital and Family Therapy (Fellow and Approved Supervisor)
Illinois Association for Marriage and Family Therapy (Board Member, 1991-1994)

EDITORIAL BOARDS:

Major family therapy journals:

1996-present	<u>Journal of Feminist Family Therapy</u>
1990-present	<u>Contemporary Family Therapy</u>
1986-present	<u>Journal of Family Psychotherapy</u>
1985-present	<u>Family Therapy Collections</u>
1985-2001	<u>Journal of Marital and Family Therapy</u>

Other publications:

2000-present	<u>Journal of Self Leadership</u>
1990-1998	<u>Treating Abuse Today</u>
1983-present	Contributing Editor, <u>Family Therapy Networker</u>

PROFESSIONAL EXPERIENCE:

- Jan 2014-Mar 2014 Adjunct Masters Faculty; Online Course, Palo Alto University, Palo Alto, CA
- 2013-present Faculty, Department of Psychiatry, Harvard Medical School, Boston, MA
- 2000-present Founder/President, The Center for Self Leadership, P.C., Oak Park, IL
- 1996-present Adjunct Associate Professor, Department of Education and Social Policy, Northwestern University, Evanston, IL
- 1996-2000 Senior Therapist, The Family Institute at Northwestern University, Evanston, IL
- 1995-1997 Associate Professor of Psychology in Psychiatry, Department of Psychiatry, University of Illinois at Chicago, IL
- 1979-1996 Coordinator of Training, Family Systems Program, Institute for Juvenile Research, Chicago, IL
- 1980-1995 Assistant Professor of Psychiatry, Department of Psychiatry, College of Medicine, University of Illinois at Chicago, IL
- 1980-present Private practice, Oak Park, IL
- 1985-1987 Visiting Assistant Professor of Psychology, Department of Psychology, University of Illinois at Chicago, IL
- 1986 Visiting Assistant Professor, Illinois School of Professional Psychology, Chicago, IL
- 1976-1979 Graduate Teaching Assistant, Department of Child Development and Family Studies, Purdue University, West Lafayette, IN
- 1975-1976 Coordinator of Family Therapy Services, Department of Psychiatry, Rush-Presbyterian-St. Lukes Medical Center, Chicago, IL
- 1974-1975 Family Therapist and Crisis Team Member, Mental Health Center of LaSalle County, Ottawa, IL
- 1968-1973 Recreational Therapist, Department of Psychiatry, Rush-Presbyterian-St. Lukes Medical Center, Chicago, IL

TRAININGS:

- 1995-present Provided basic and advanced training programs in Internal Family Systems TherapySM throughout the United States and in Canada and Europe.

CONSULTATIONS:

2003-present	Geneva Foundation, Chicago, IL
1994-1997	Chicago Metropolitan Child and Adolescent Center, Chicago, IL
1992-1997	Aura Extended Day Treatment Center (for conduct-disordered adolescents), Lombard, IL
1992-1995	Illinois Department of Rehabilitation Services, Chicago, IL
1991-1995	Onarga Academy (residential program for juvenile sex offenders), Onarga, IL
1990-2003	Chicago Center for Family Health, Chicago, IL
1984-1988	Special Consultant, Committee on Epidemiology and Prevention, National Institute on Drug Abuse, Washington, D.C.
1983-1988	Department of Family Practice, Cook County Hospital, Chicago, IL
1986-1989	Alternatives, Inc., Chicago, IL
1983-present	Portage-Cragin Mental Health, Chicago, IL
1982-1983	Mental Health Division, DuPage County Health Dept., Wheaton, IL

PUBLICATIONS:

Books:

Schwartz, R and Sparks, F. The Internal Family Systems Model in Trauma Treatment: Parallels with Mahayana Buddhist Theory and Practice. In V. M. Follette, D. Rozelle, J. W. Hopper, D. I. Rome, and J. Briere (Eds), *Contemplative methods in trauma treatment: Integrating mindfulness and other approaches*. New York: The Guilford Press, 2013.

Richard C. Schwartz. The Therapist-Client Relationship and the Transformative Power of Self. in Sweezy, M. and Ziskind, E. (Eds.) *Internal Family Systems Therapy: New Dimensions*. New York: Routledge Press, 2013.

Schwartz, R.C. & Blow, A. (2010). Creating Self-to-Self Intimacy: Internal Family Systems Therapy with Couples. In A. Gurman (Ed.) *Clinical Casebook of Couple Therapy*, (pp. 398-375). New York, NY: The Guilford Press.

Schwartz, R.C., Schwartz, M.F., & Galperin, L. (2009). Internal Family Systems Therapy. In C.A. Courtois, & J.D. Ford (Eds.), *Complex traumatic stress disorders: An evidence-based clinician's guide* (pp. 353-370). New York: The Guilford Press.

Schwartz, R.C., Schwartz, M.S., & Galperin, L. (2007). Internal family systems therapy. In C.A. Coutois & J.D.Ford (Eds.), *Treating complex traumatic stress disorders: An evidence based guide* (pp. 353-370). New York, NY: Guildford Press.

Schwartz RC. You Are The One You've Been Waiting For. Oak Park, IL: Trailheads Publications, The Center for Self Leadership, 2008.

Nichols M and Schwartz RC. Family Therapy: Concepts and Methods, 6th Edition. Cambridge, MA: Allyn and Bacon, 2004

Goulding R and Schwartz RC. The Mosaic Mind: Empowering the Tormented Selves of Child Abuse Survivors. Oak Park, IL: Trailheads Publications, The Center for Self Leadership, 2002

Schwartz RC. Introduction to the Internal Family Systems Model. Oak Park, IL: Trailheads Publications, The Center for Self Leadership, 2001

- Nichols M and Schwartz RC. Family Therapy: Concepts and Methods, 5th Edition. Cambridge, MA: Allyn and Bacon, 2000
- Nichols M and Schwartz RC. Family Therapy: Concepts and Methods, 4th Edition. Cambridge, MA: Allyn and Bacon, 1997
- Nichols M and Schwartz RC. Family Therapy: Concepts and Methods, 3rd Edition. Cambridge, MA: Allyn and Bacon, 1995
- Schwartz RC. Internal Family Systems Therapy. New York: Guilford Press, 1995 (published in paperback in 1997)
- Nichols M and Schwartz RC. Family Therapy: Concepts and Methods, 2nd Edition. Cambridge, MA: Allyn and Bacon, 1991
- Breunlin D, Schwartz RC, and MacKune-Karrer B. Metaframeworks for Psychotherapy: Transcending the Models of Family Therapy. San Francisco: Jossey Bass, 1992 (published in paperback in 1997)
- Liddle HA, Breunlin DC, and Schwartz RC (Eds.). The Handbook of Family Therapy Training and Supervision. New York: Guilford Press, 1988
- Nichols M and Schwartz RC. Family Therapy: Concepts and Methods, 1st Edition. Cambridge, MA: Allyn and Bacon, 1984

Books - Translated:

- Breunlin, D, Schwartz, RC, and MacKune-Karrer, B. Metaconceitos. Sao Paulo, Brazil: ARTMED, 2000 (Portuguese)
- Nichols, M. and Schwartz, RC. Terapia Familia: Conceitos e Metodos. Sao Paulo, Brazil: ARTMED, 1998 (Portuguese)
- Schwartz RC. Systemische Therapie mit der Inneren Familie. Munich, Germany: J. Pfeiffer Books, 1997 (German)

Book Chapters:

- Schwartz, RC. AThe Critical Parts of Me@ in Kottler, J and Carlson, Bad Therapy: Master Therapists Share Their Worst Failures, New York, NY: Brunner-Routledge, 2003.
- Schwartz, RC. AInternal Family Systems Therapy@ in Carlson, J and Kjos, D (Eds.), Theories and Methods of Family Therapy, Boston, MA: Allyn & Bacon, 2001.
- Johnson, LC and Schwartz, RC. AInternal Family Systems: Working with Children and Families@ in C. Everett Bailey (Ed.), Children in Therapy, New York, NY: W.W. Norton & Co., 2000.
- Schwartz RC. AThe Internal Family Systems Model@ in J. Rowan and M. Cooper (Eds.), The Plural Self: Multiplicity in Everyday Life, Thousand Oaks, CA: Sage Press, 1999
- Schwartz RC. The Self-to-Self Connection: Intimacy and the Internal Family Systems Model@ in J. Carlson and I. Sperry (Eds.), The Intimate Couple, Philadelphia, PA: Bruner-Mazel, 1999
- Schwartz RC. AReleasing the Soul: Psychotherapy as a Spiritual Practice@ in F. Walsh (Ed.), Spiritual Resources in Family Therapy, New York: Guilford Press, 1999
- Schwartz RC. AInternal Family Systems Family Therapy@ in F. Dattilio (Ed.), Integrative Cases in Couples and Family Therapy: A Cognitive -Behavioral Perspective, New York: Guilford Press, 1998
- Schwartz RC, Barrett MJ, and Saba G. AFamily Therapy for Bulimia@ in D. Garner and P. Garfunkel (Eds.), The Handbook for the Treatment of Anorexia and Bulimia, New York: Guilford Press, 1985
- Schwartz RC. Has Family Therapy Reached a Stage Where It Can Use the Concept of Stages? in D. Breunlin (Ed.), Family Therapy in Stages, Rockville, MD: Aspen Systems Corporation, 1988
- Schwartz RC. The Trainer-Trainee Relationship@ in H.A. Liddle, D.C. Breunlin, and RC Schwartz (Eds.), Handbook of Family Therapy Training and Supervision, New York: Guilford Press, 1988
- Schwartz RC, Liddle HA, and Breunlin DC. AMuddles of Live Supervision@ in H.A. Liddle, D.C. Breunlin, and RC Schwartz (Eds.), Handbook of Family Therapy Training and Supervision, New York: Guilford Press,

1988

Liddle HA, Breunlin DC, and Schwartz RC. *The Field of Family Therapy Training and Supervision* in H.A. Liddle, D.C. Breunlin, and RC Schwartz (Eds.), Handbook of Family Therapy Training and Supervision, New York: Guilford Press, 1988

Breunlin DC, Liddle HA, and Schwartz RC. *Concurrent Training of Therapists and Supervisors* in H.A. Liddle, D.C. Breunlin, and RC Schwartz (Eds.), Handbook of Family Therapy Training and Supervision, New York: Guilford Press, 1988

Schwartz RC. *Women and Eating Disorders* in F. Walsh and C. Anderson (Eds.), Chronic Disorders and the Family, New York: Haworth, 1988

Barrett MJ and Schwartz RC. *Couples Treatment for Bulimia* in J. Harkaway (Ed.), Eating Disorders, Rockville, MD: Aspen Systems Corporation, 1987

Schwartz RC. *The conceptual development of family therapy trainees* in A. Gurman (Ed.), Questions and Answers in Family Therapy, Vol. II, Bruner-Mazel, 1983

Journal Articles:

Nancy A. Shadick, Nancy F. Sowell, Michelle L. Frits, Suzanne M. Hoffman, Shelley A. Hartz, Fran D. Booth, Martha Sweezy, Patricia R. Rogers, Rina L. Dubin, Joan C. Atkinson, Amy L. Friedman, Fernando Augusto, Christine K. Iannaccone, Anne H. Fossel, Gillian Quinn, Jing Cui, Elena Losina and Richard C. Schwartz (2013) *A Randomized Controlled Trial of an Internal Family Systems-based Psychotherapeutic Intervention on Outcomes in Rheumatoid Arthritis: A Proof-of-Concept Study*. The Journal of Rheumatology, 2013; 40:11; doi:10.3899/jrheum.121465

Schwartz, R. *Moving from Acceptance toward Transformation with Internal Family Systems Therapy (IFS)*. Journal of Clinical Psychology. (2013) 69, pp. 793-867

Schwartz, R. *Depathologizing the Borderline Client*. Psychotherapy Networker. May/June, 2013.

Schwartz, R. *Is Mindfulness Enough? Going Beyond Acceptance to Healing*. Psychotherapy Networker. September/October, 2011.

Twombly, J.H. & Schwartz, R.C. (2008). *The integration of the internal family systems model and EMDR*. In C. Forgash & M. Copeley (Eds.). Healing the heart of trauma and dissociation with EMDR and ego state therapy. (pp. 295-311)

Schwartz RC (2004) *The larger self*. Psychotherapy Networker, May/June 2004, 36-43

Schwartz RC (2003) *Maintaining self leadership with 'borderline' clients*. Journal of Self Leadership, 1(1): 32-37

Schwartz RC (2003) *Pathways to Sexual Intimacy*. Psychotherapy Networker, May/June, 27(3):36-

Schwartz RC (2002) *Hard Times for the Forces of Compassion*. Family Process, 41(1):32-34

Schwartz RC (2001) *Dealing with racism: to exorcise or embrace inner bigots*. Voices: The Art and Science of Psychotherapy, Fall, 55-64

Schwartz RC (2001) *No contest: how a therapist learned to listen*. Psychotherapy Networker, Sept/Oct

Schwartz RC and Johnson SM (2000) *Does couple and family therapy have emotional intelligence?* Family Process, 39:29-34

Schwartz RC (1999) *Narrative therapy expands and contracts family therapy's horizons*. Journal of Marital and Family Therapy, 25:263-267

Schwartz RC (1997) *Don't look back*. Family Therapy Networker, Mar/Apr, 40-45

Schwartz RC (1993) *Constructionism, sex abuse, and the self*. American Family Therapy Academy Newsletter, Winter, 6-10

Schwartz RC (1993) *Richard Schwartz Responds*. American Family Therapy Academy Newsletter, Winter, 24-26

Schwartz RC (1992) *Rescuing the exiles*. Family Therapy Networker, May/June

- Schwartz RC (1991) *The american nightmare*. Family Therapy Networker, Mar/Apr, 15:64-68
- Breunlin D, Schwartz RC, and Karrer B (1990) *The metaframeworks perspective in action*. Family Therapy Case Studies, 5:9-30
- Breunlin D, Schwartz RC, Krause M, Kochalka J, and Van Dyke J (1990) *The prediction of learning in family therapy training programs*. Family Therapy Case Studies, 5:9-30
- Schwartz RC (1989) *The systemic treatment of bulimia*. Journal of Psychotherapy and the Family, 6:89-105
- Schwartz RC (1989) *Maybe there is a better way: response to duncan and solovey*. Journal of Marital and Family Therapy, 15:11-12
- Schwartz RC (1989) *The internal family systems model: an expansion of systems thinking into the level of internal process*. Family Therapy Case Studies, 3:61-66
- Schwartz RC (1988) *Working with internal and external family systems*. Family Relations, July
- Schwartz RC (1988) *Know thy selves*. Family Therapy Networker, 12:21-29
- Schwartz RC and Barrett MJ (1988) *Women and eating disorders*. In L. Braverman (Ed.) *Women, Feminism, and Family Therapy*, @ a special issue of Journal of Psychotherapy and the Family, 4:131-144
- Schwartz RC (1987) *Our multiple selves*. Family Therapy Networker, 11:24-31, 80-83
- Schwartz RC (1986) *Had your epistemology checked lately?* Family Therapy Networker, 10:53-56
- Schwartz RC and Perrotta P (1985) *Let us sell no intervention before its time*. Family Therapy Networker, 9:18-26
- Breunlin DC and Schwartz RC (1986) *Sequences toward a common denominator of family therapy*. Family Process, 25:67-88
- Liddle HA, Breunlin DC, Schwartz RC, and Constantine JA (1984) *Training Family Therapy Supervisors: Issues of Content, Form, and Context*. Journal of Marital and Family Therapy, 10:139-150
- Saba G, Barrett MJ, and Schwartz RC (1983) *All or nothing: the bulimia epidemic*. Family Therapy Networker, 7:43-45
- Schwartz RC and Breunlin D (1983) *Research: why clinicians should bother with it*. Family Therapy Networker, 7:22-27 and 57-59
- Breunlin DC and Schwartz RC (1983) *Evaluating Family Therapy Training: the development of an instrument*. Journal of Marital and Family Therapy, 9:37-49
- Liddle HA and Schwartz RC (1983) *A conceptual and pragmatic model of live supervision in family therapy*. Family Process, 22:477-490
- Schwartz RC (1983) *At rainbow's end: stalking the reluctant marriage*. Family Therapy Networker, 7:39-40
- Schwartz RC (1983) *Bulimia and family therapy: a case study*. International Journal of Eating Disorders, 2:75-82
- Schwartz RC (1982) *On becoming a family therapist*. Family Therapy Networker, 6:44-46
- Schwartz RC (1982) *Parental reversals: a framework for conceptualizing and implementing a class of paradoxical interventions*. Journal of Marital and Family Therapy, 8:41-51
- Schwartz RC (1981) *The conceptual development of family therapy trainees*. American Journal of Family Therapy, 9:89-90

Book Reviews:

- Supervision: A Decision-Making Approach by E. Gambrill and T.J. Stein, in *American Journal of Family Therapy*
- Bulimarexia: The Binge/Purge Cycle by M. Boskind-White and M. White, in *Journal of Marital and Family Therapy* (1984), 10
- Mastering Resistance: A Practical Guide to Family Therapy by C.A. Anderson and S. Stewart, in *Family Therapy Networker* (1983), 7:52-53
- Systems Theory and Family Therapy: A Primer by R.J. Becvar and D.S. Becvar, in *American Journal of Family Therapy* (1983), 11:83-84

Special Projects:

Breunlin DC and Schwartz RC (1983) A Family Therapy Assessment Exercise, @ Chicago, IL: Robert B. Morden, Inc., a videotape stimulus and multiple choice test designed to evaluate family therapy training, manual included

PRESENTATIONS:

National Presentations:

Schwartz, RC. *Treating Trauma in Couples and Families*. Canadian Registry of Marriage and Family Therapy Conference, April 15, 2011

Schwartz, RC. *Can Family Therapy Shine Its Light on Clients' Psyches?*. American Association of Marriage and Family Therapy Conference, October 2, 2009

Schwartz, RC. *The "I" In the Storm: How to Use the Internal Family Systems Model with Trauma and Somatic Problems*. National Institute for the Clinical Application of Behavioral Medicine Conference, December 4, 2007

Schwartz, RC. *Internal Family Systems Model of Psychotherapy*. Psychological Trauma Conference: Maturational Processes and Therapeutic Interventions, Boston University School of Medicine, June 11, 2004.

Schwartz, RC, Schwartz, M, and Galperin, L. *Treating Trauma and Addictions*. Psychological Trauma Conference: Maturational Processes and Therapeutic Interventions, Boston University School of Medicine, June 10, 2004.

Schwartz, RC. *To Exile or Embrace Destructive Emotions, and Self Leadership: A New Paradigm for Inner and Outer Relating*. 27th Annual Psychotherapy Networker Symposium, Washington, D.C., March 2004

Schwartz, RC. *The Healing Self*. 25th Annual Psychotherapy Networker Symposium, Washington, D.C., ch 2002.

- Schwartz, RC. *In Praise of Therapeutic Depth*. The 24th Annual Family Networker Symposium, Washington, D.C., March 2001.
- Schwartz, RC and Johnson, S. *The Emotional Brain*. The 24th Annual Family Networker Symposium, Washington, D.C., March 2001.
- Schwartz, RC. *Helping People Heal Themselves: Internal Family Systems and Beyond Touchy Feely: Emotion and Change in Couple Therapy*. The American Association for Marriage and Family Therapy, 58th Annual Conference, Denver, CO, Nov 2000
- Schwartz, RC. *Internal Family Systems Therapy*. Keynote workshop for the Annual Conference of the Oregon Association of Marriage and Family Therapy, Eugene, OR, October 2000
- Schwartz, RC. *Healing Racism*. Family Networker Annual Symposium, Washington, D.C., March 2000
- Schwartz RC and Cargill B. Keynote address for the Annual Conference of the American Dance Therapy Association, Chicago, IL, 1999
- Schwartz RC. *Bringing the Soul Back to Psychotherapy*. Keynote address for the Annual Conference of the Central Region of the American Association of Pastoral Counselors, Chicago, IL, 1999
- Schwartz RC. *The Healthy Self: Opening up Mind, Body, and Heart*. A two-day workshop co-presented with noted researcher James Pennebaker, sponsored by the Department of Psychology, University of Texas, 1999
- Schwartz RC. *Working with Angry Couples*. Keynote workshop for the Annual Conference of the Wisconsin Association of Marriage and Family Therapy, Madison, WI, April 1998
- Schwartz RC. *The Internal Family Systems Model*. Keynote workshop for the Annual Conference of the Connecticut Association of Marriage and Family Therapy, Hartford, CT, April 1997
- Schwartz RC. *Getting Beyond Blame: Working with Angry Couples*. Plenary address for the Annual Treating Couples Conference, Harvard Medical School, Boston, MA, 1996
- Schwartz RC. *Internal Family Systems and Hakomi*. Keynote address for the Annual Conference of the National Hakomi Association, Lake Geneva, WI, 1996
- Schwartz, RC. *Internal Family Systems Therapy*. Keynote workshop for the Annual Conference of the Iowa Association of Marriage and Family Therapy, Cedar Rapids, IA, 1995
- Schwartz RC and Gorman-Smith D. *A New Approach for Survivors of Childhood Sex Abuse: The Internal Family Systems Model*. American Association of Marriage and Family Therapy Annual Conference, Chicago, IL, 1994
- Schwartz RC. *The Internal Family Systems Model*. A three-day workshop sponsored by the Department of Psychiatry, Free University of Berlin, Berlin, Germany, 1994
- Hardy K, Schwartz RC, Simon J, and Elkin M. *Beyond the Politically Correct: A dialogue on Racism*. Family Therapy Network Annual Symposium, Washington, DC, 1994
- Schwartz RC. *A New Approach for Survivors of Childhood Sex Abuse: The Internal Family Systems Model*. American Association of Marriage and Family Therapy Annual Conference, Anaheim, CA, 1993
- Schwartz RC and Gorman-Smith D. *The Internal Family Systems Model*. An all-day workshop at the American Association for Marriage and Family Therapy Annual Conference, Miami, FL, 1992
- Schwartz RC. *Rediscovering the Individual: The Internal Family Systems Model*. Plenary address for the American Family Therapy Association Annual Conference, San Diego, CA, 1991
- Schwartz RC. *Developing a Systemic Model of Internal Process*. An interest group for the American Family Therapy Association Annual Conference, Philadelphia, PA, 1990
- Schwartz, RC. *Bridging Individual and Family Therapy: The Internal Family Systems Model*. American Association for Marriage and Family Therapy Annual Conference, Washington, D.C., 1990
- Schwartz RC, Held B, and Solovey D. *Is There a Better Way?* A debate on the merits of strategic therapy, American Association for Marriage and Family Therapy Annual Conference, San Francisco, CA, 1989
- Schwartz RC. *Developing a Systemic Model of Internal Process*. An interest group for the American Family Therapy Association Annual Conference, Philadelphia, 1990
- Schwartz, RC. *Our Multiple Selves*. Family Therapy Networker Annual Symposium, Washington, D.C., 1990

- Schwartz, RC. *Our Multiple Selves*. Family Therapy Networker Annual Symposium, Washington, D.C., 1989
- Schwartz RC. *Developing a Systemic Model of Internal Process*. An interest group for the American Family Therapy Association Annual Conference, Colorado Springs, 1989
- Schwartz, RC. *Our Multiple Selves*. Family Therapy Networker Annual Symposium, Washington, D.C., 1988
- Schwartz RC. *Using the Internal Family Systems Model in Therapy with External Families*. American Family Therapy Association Annual Conference, 1988
- Schwartz RC. *Intrapsychic and Family Systems: Bridging the Gap*. Family Therapy Networker Annual Symposium, Washington, D.C., 1987
- Liddle H, Breunlin D, and Schwartz RC. *Defining and Differentiating the Skills and Relative Merits of Supervisory Methods*. American Association for Marriage and Family Therapy Annual Conference, Orlando, FL, 1986
- Schwartz, RC. *The Systemic Treatment of Individuals*. American Family Therapy Association Annual Conference, San Diego, CA, 1985
- Schwartz, RC. *Getting Out of Your Own Way*. Family Therapy Networker Annual Symposium, Washington, D.C., 1984
- Schwartz RC (Moderator), Barrett MJ, Harkaway JE, and Saba G. *A Systemic Approach to Eating Disorders*. All day workshop, American Association for Marriage and Family Therapy Annual Conference, San Francisco, CA, 1984
- Schwartz RC (Moderator), Hirshmann J, Saba G, and Sargent J. *Treatment of Bulimia and Compulsive Eating*. American Orthopsychiatric Association Annual Meeting, Toronto, Canada, 1984
- Schwartz RC (Moderator), Barrett MJ, Casswell-Papillon J, and Brandon A. *Perspectives on Bulimia and Family Therapy*. American Association for Marriage and Family Therapy Conference, Washington, D.C., 1983
- Breunlin DC, Schwartz RC, and Liddle HA. *A Developing Model of Structural-Strategic Family Therapy: Guidelines for Implementation*. American Orthopsychiatric Association Annual Meeting, Boston, MA, 1982
- Schwartz RC, Barrett MJ, and Saba G. *Bulimia and Family Therapy: A Treatment Model*. American Association for Marriage and Family Therapists Annual Conference, Dallas, TX, 1982
- Liddle HA, Breunlin DC, and Schwartz RC. *Family Therapy Training: Designing and Implementing a Comprehensive Interconnected Model*. All day workshop for the American Association for Marriage and Family Therapists Annual Conference, Dallas, TX, 1982
- Liddle HA, Breunlin DC, Constantine JA, Schwartz RC, Barrett MJ, Mackey S, and Stonefish L. *Toward a Model of Training Family Therapy Supervisors*. American Association of Marital and Family Therapy Conference, San Diego, CA, 1981
- Liddle HA, Constantine JA, Breunlin DC, and Schwartz RC. *Steps Toward an Integrated Structural/Strategic Therapy*. National Council on Family Relations Annual Meeting, Milwaukee, WI, 1981
- Liddle HA, Schwartz RC, and Saba G. *Live Supervision/Consultation: Conceptual and Pragmatic Guidelines for Family Therapy Trainers*. American Orthopsychiatric Association Annual Meeting, New York, 1981
- Liddle HA, Schwartz RC, and Saba G. *Supervision in Family Therapy*. American Association for Marital and Family Therapy, Toronto, Canada, 1980
- Breunlin DC, Constantine JA, and Schwartz RC. *Supervision as a Form of Co-Therapy*. American Association of Psychiatric Services for Children, Chicago, IL, 1979

State Presentations:

Schwartz, RC. *Attachment: Treatment of Trauma with Internal Family Systems*. New Jersey Association of Marriage and Family Therapy Conference, June 5, 2009

Schwartz, RC. *Internal Family Systems and Couples*. Georgia Association of Marriage and Family Therapy Conference, May 1, 2009.

Other Presentations:

Schwartz, RC. *The Treatment of Trauma and the Internal Family Systems Model*. Southwestern College 2012 Transformation and Healing Conference, August 25, 2012

Schwartz, RC. *Internal Family Systems Approach to Coaching*. McLean Hospital/Harvard Medical School Conference, September 25, 2010

Schwartz, RC. *Transforming Trauma: Integrating Contemplative Practices, Neuroscience and Cross Cultural Perspectives*. Garrison Institute (for Contemplation, Action and Transformation), June 17, 2009

Schwartz, RC. *Restoring the Self Leadership: The Heart of Eating Disorder Work*. Multi-Service Eating Disorders Association (MEDA) Conference, April 4, 2009

Schwartz, RC. *Becoming the I in the Storm: Helping ED Clients Find Them-selves Amid the Chaos*. National Association of Anorexia Nervosa and Associated Disorders (ANAD) Conference, April 18, 2008

Schwartz, RC. *Plenary Address: "On the Integration of Spirituality and Psychotherapy: Releasing the Client's Self"*. American Association of Pastoral Counselors Conference, March 28, 2008